

# Week 1

## Diagnostics/Review

### Part 1: Diagnostics

Take the free diagnostics for all subjects:

- Math
- Grammar
- Vocabulary
- Biology
- Reading
- Anatomy & Physiology (A&P)

Review your results:

For topics where you scored well, simply review the quizzes and only make flashcards for concepts that you get wrong on each quiz.

For topics where you scored low, focus your attention on these quizzes and make flashcards for all of the important content to review throughout the month leading up to your exam.

You may also want to edit your study plan based on your diagnostic results. If you score 80% or above on a topic or section and you have limited time, you can cross that out from your study plan and review it at the end if you have time.

You can also move topics where you scored lower on the diagnostic to come earlier in the study plan so that you have more time to review them!

### Part 2: Reviewing Each Subject

In addition to the diagnostic tests, begin to review the following subjects during Week 1:

- Math**
  - Preliminary Skills
- Grammar**
  - Identify Parts of Speech Lessons 1-3
- Biology**
  - Basics, Water
- Reading**
  - Identifying the Main Idea
- A&P**
  - General Anatomy and Physiology
  - Histology
  - Integumentary System

»»»  
For ALL Content Areas, Review Notes from the Previous Weeks



# HESI

## Comprehensive 2 Month Study Plan

### Weeks 2-7

#### Reviewing Each Subject

#### Week 2

- Math**
  - Whole Numbers
  - Decimals
- Grammar**
  - Identify Parts of Speech Lessons 4-7
- Vocabulary**
  - 2 quizzes
- Biology**
  - Cell and Cellular Respiration
- Reading**
  - Identifying the Supporting Details
- A&P**
  - Skeletal System

#### Week 3

- Math**
  - Fractions
- Grammar**
  - Identify Parts of Speech Lessons 8-9
  - Understand Sentence Structure Lessons 1-3
- Vocabulary**
  - 2 quizzes
- Biology**
  - Molecules, Metabolism
- Reading**
  - Find Meaning of Words in Context
- A&P**
  - Muscular System
  - Nervous System

#### Week 4

- Math**
  - Converting Between Fractions and Decimals
- Grammar**
  - Understand Sentence Structure Lessons 4-6
  - Identifying Common Grammar Mistakes Lessons 1-3
- Vocabulary**
  - 2 quizzes
- Biology**
  - Photosynthesis
- Reading**
  - Analyzing the Author's Purpose and Point of View
- A&P**
  - Circulatory System

#### Week 5

- Math**
  - Ratios and Proportions
  - Percentages
- Grammar**
  - Identifying Common Grammar Mistakes Lessons 4-7
- Vocabulary**
  - 2 quizzes
- Biology**
  - Cellular Reproduction
- Reading**
  - Distinguishing Between Fact & Fiction
- A&P**
  - Respiratory System
  - Endocrine System

#### Week 6

- Math**
  - Conversions
  - Elementary Algebra
- Grammar**
  - Identifying Common Grammar Mistakes Lessons 8-10
- Vocabulary**
  - 2 quizzes
- Biology**
  - Genetic
  - DNA
- Reading**
  - Making Logical Inferences
- A&P**
  - Digestive System
  - Urinary System

#### Week 7

- Math**
  - Practice Tests
- Grammar**
  - Practice Tests
- Vocabulary**
  - Practice Tests
- Biology**
  - RNA
  - Protein Synthesis
- Reading**
  - Practice Tests
- A&P**
  - Reproductive System
  - Lymphatic System

### Week 8

#### Final Review

- Math**
  - Study Notes Taken Throughout the HESI Math Review Series
- Grammar**
  - Study Notes Taken Throughout the HESI Grammar Review Series
- Vocabulary**
  - Study Notes Taken Throughout the HESI Vocabulary Review Series and from the Simulated Practice Test
- Biology**
  - Practice Tests
- Reading**
  - Study Notes Taken Throughout the HESI Reading Review Series
- A&P**
  - Practice Tests

If Chemistry or Physics are part of your HESI Exam, add these subjects to your study plan:

#### Chemistry

- |   |  |
|---|--|
| Week 1: Diagnostic Test, Scientific Notation  | Week 5: Chemical Reaction, Oxidation & Reduction |
| Week 2: Reaction Rates, Atomic Structure      | Week 6: Acids & Bases                            |
| Week 3: Equilibrium Reaction, State of Matter | Week 7: Nuclear Chemistry                        |
| Week 4: Solutions & Solution Concentration    | Week 8: Practice Tests                           |

#### Physics

- |  |   |
|--|---|
| Week 1: Diagnostic Test                            | Week 5: Uniform Circular Motion, Kinetic & Potential Energy |
| Week 2: Nature of Motion, Acceleration             | Week 6: Universal Gravitation, Waves & Sounds               |
| Week 3: Projective Motion, Newton's Laws of Motion | Week 7: The Nature of Electricity, Magnetism & Electricity  |
| Week 4: Friction, Rotation                         | Week 8: Practice Tests                                      |